

## PACKAGE LEAFLET: INFORMATION FOR THE USER

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### YURINEX

1 mg Tablets

BUMETANIDE

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*• This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety • The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert • This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product • If you have any questions or are not sure about anything, ask your doctor or pharmacist • Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.*

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*• Keep this leaflet • You may need to read it again • If you have any further questions, ask your doctor or pharmacist • This medicine has been prescribed for you only • Do not pass it on to others • It may harm them, even if their signs of illness are the same as yours • If you get any side effects, talk to your doctor or pharmacist • This includes any possible side effects not listed in this leaflet •*

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#### What is in this leaflet?

1. What Yurinx is and what it is used for
2. Before you take Yurinx
3. How to take Yurinx
4. Possible side effects
5. How to store Yurinx

#### 1. WHAT YURINEX IS AND WHAT IT IS USED FOR

Yurinx belongs to a group of medicines called diuretics (water tablets).

Yurinx works by removing any excess water from your body. It will make you go to the toilet more.

Yurinx is used:

- To treat oedema. Oedema means that there is too much water in your body. Oedema can cause symptoms such as swollen ankles or trouble breathing.

#### 2. BEFORE YOU TAKE YURINEX

##### **Do not take Yurinx**

- If you are allergic (hypersensitive) to bumetanide.
- If you are allergic (hypersensitive) to any of the other ingredients in your medicine.
- If you know that you have any sugar intolerance. You may have inherited this condition from someone else in your family.
- If you have a problem with your kidneys and you cannot pass water (urine) at all or you are producing less urine than normal.
- If you have been told that you have high levels of urea in your blood.

- If you have been told that you have low levels of certain salts in your blood.
- If you are taking another medicine called lithium for depression.

### ***Take special care with Yurinex***

Before you take Yurinex tell your doctor

- If you have diabetes.
- If you have problems with your liver.
- If you are on a low salt diet.
- If you are vomiting or have diarrhoea.

When you are taking Yurinex your doctor may take regular blood tests. This is very important in the elderly, in diabetics or in patients taking high doses.

### ***Taking other medicines***

Do not take Yurinex if you are taking lithium.

Please tell your doctor or pharmacist if you are taking, or have recently taken any other medicines. This includes any medicines which you have bought without a prescription.

You must tell your doctor or pharmacist if you are taking any of the following medicines:

- Medicines for heart conditions, such as digoxin. Your doctor may need to change your dose.
- Medicines for high blood pressure. Your doctor may need to change your dose.
- Non-steroidal anti-inflammatory drugs, such as ibuprofen, for arthritis or aches or pains.
- Any medicines that may affect your kidneys or your hearing, such as some antibiotics called cephalosporins or aminoglycosides.

### ***Pregnancy and breast-feeding***

Please ask your doctor or pharmacist for advice before taking Yurinex:

- If you are pregnant, or think you are pregnant.
- If you are breast-feeding.

Tell your doctor if you become pregnant while taking this medicine.

### ***Driving and using machines***

This medicine may cause dizziness, drowsiness, tiredness or feeling faint as side effects. You must not drive or use machines if you get any of these side effects.

Important information about some of the ingredients of Yurinex

### ***Yurinex contains:***

Lactose. This is a type of sugar. If you cannot tolerate any sugar (sometimes called sugar intolerance) contact your doctor before taking this medicine.

Please ask your doctor if you are worried about any of the ingredients in this medicine.

## ***3. HOW TO TAKE YURINEX***

Always use Yurinex exactly as your doctor has told you.

You should check with your doctor or pharmacist if you are not sure.

### ***How much Yurinex to take***

Your doctor will tell you how many tablets to take and how many times each day to take your medicine.

You are likely to need the toilet more often after you have taken your tablets. Remember that this may be inconvenient if you are going on a long journey or want to go to sleep.

Remember to always take this medicine with at least half a glass of water. Take your tablets at the same time each day. This makes it easier to remember them.

Adults:

The usual dose is one 1 mg tablet a day. Your doctor may prescribe another 1 mg tablet for you to take 6 to 8 hours after this.

Your doctor may change your dose depending on your test results.

If you are taking more than one tablet a day, you may need to take them in two or more doses. If you forget how many tablets to take, look at the label on your pack.

If you are still not sure, ask your doctor or pharmacist.

Elderly:

Your doctor may prescribe less medicine than the usual adult dose to start with. Your doctor may then adjust your dose to make sure the dose is right for you.

Children:

This medicine is not recommended for use in children under 12 years of age.

### ***If you take more Yurinx than you should***

Tell your doctor straight away. You may need to stop taking this medicine.

### ***If you forget to take Yurinx***

If you forget to take your medicine, and you are less than 12 hours late, you can still take it. If you are more than 12 hours late taking your medicine then leave out this dose. Take the next dose at the usual time.

If you have any further questions about taking this medicine, please ask your doctor or pharmacist.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Yurinx can cause side effects, although not everybody gets them.

Important side effects to look out for:

You must get urgent medical help if you have any of the following symptoms.

- You feel shaky, trembly or faint and your heart starts to beat fast or irregularly.
- You produce less urine than usual or no urine at all.
- You have liver problems and you feel confused, forgetful or faint.

### ***Other possible side effects:***

Digestive problems:

- Feeling or being sick.
- Indigestion.
- Stomach pain or cramps.
- Diarrhoea.

Skin problems:

- Rash.
- Itching skin.
- Itching raised skin (hives).

Other problems:

- Bruising or bleeding more easily.
- Swollen or painful breasts (sometimes in men).
- Muscle cramps.
- Muscle and bone pain.
- Painful joints.
- Headache.
- Hearing disturbance.
- You feel unusually thirsty.
- You feel dizzy or faint.
- You feel drowsy or tired.
- Changes in blood test results. Your doctor can explain this more.

If any of the side effects become serious, or you notice any side effects not listed in this leaflet, tell your doctor or pharmacist.

#### *5. HOW TO STORE YURINEX*

- The tablets do not need any special temperature storage conditions.
- Keep the tablets in their original blisters and outer carton, to protect them from light.
- Keep out of the reach and the sight of children.
- Do not use the tablets after the expiry date on the carton.

The expiry date is the last day of that month.

Medicines should not be thrown away in waste water or in household waste. Please ask your pharmacist how to throw away any medicine you do not need anymore. If you do this you will help protect the environment.

***This leaflet was last revised in February 2010.***