

Hexpectoral Honey and Lemon Flavour

20mg/ml Syrup

GUAIFENESIN

• This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety • The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert • This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product • If you have any questions or are not sure about anything, ask your doctor or pharmacist • Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

• Keep this leaflet • You may need to read it again • If you have any further questions, ask your doctor or pharmacist • This medicine has been prescribed for you only • Do not pass it on to others • It may harm them, even if their signs of illness are the same as yours • If you get any side effects, talk to your doctor or pharmacist • This includes any possible side effects not listed in this leaflet •

What is in this leaflet?

1. What the medicine is and what it is used for.
2. Before you take this medicine.
3. How to take this medicine.
4. Possible side effects.
5. How to store this medicine.
6. Further information.

1. WHAT THE MEDICINE IS AND WHAT IS IT USED FOR

Hexpectoral Honey and Lemon Flavour 20 mg/ml Syrup is used to help relieve chesty coughs.

It contains: guaifenesin (an expectorant) to help loosen mucus (phlegm) from the lungs and make it easier to cough up.

This is a non-drowsy formulation. The medicine is for use in adults and adolescents aged 12 years and over.

2. BEFORE YOU TAKE THIS MEDICINE

Do NOT take this medicine if you are allergic (hypersensitive) to guaifenesin or any of the other ingredients (see Section 6 and Section 2).

Take special care with this medicine

Talk with your doctor or pharmacist before taking this medicine if you:

- have had a cough for more than one week or your cough recurs or is accompanied by a fever, rash, or persistent headache.

- have a persistent cough that may be caused by asthma. have a cough which brings up a lot of mucus (phlegm). suffer from severe liver or kidney problems.
- are taking alcohol.

Taking other medicines

Always tell your doctor or pharmacist if you are taking, or have recently taken, any other medicine, including medicines obtained without a prescription. It is not recommended that you take this medicine with other cough medicines intended to stop you from coughing (antitussives or cough suppressants) as they may interfere with the action of this medicine. Some urine tests may be affected if taken within 24 hours of taking this medicine. Tell the doctor or nurse taking the urine sample that you are taking this medicine.

Taking with food and drink

You can take this medicine with or without food or drink.

Contains approximately 2 g of sucrose per dose. This should be taken into account in patients with diabetes mellitus.

Pregnancy and breast-feeding

If you are pregnant or think you may be pregnant, tell your doctor or pharmacist. This medicine should not be used during pregnancy unless advised by a doctor. Do not take this medicine if you are breast-feeding until you speak with a doctor or pharmacist.

Driving and using machines

It is not expected that this product will affect your ability to drive or operate machinery. However, if you do feel unwell, do not drive or use machinery.

Important information on some of the other ingredients in this medicine Hexpectral Honey and Lemon Flavour 20 mg/ml Syrup contains:

4.7 vol % ethanol (alcohol), i.e. up to 400 mg per dose, equivalent to approximately 10 ml beer, 4 ml wine per 10 ml dose. This can be harmful for those suffering from alcoholism. The ethanol content should be taken into account in pregnant or breastfeeding women, children and high-risk groups such as patients with liver disease or epilepsy. glucose and sucrose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine. Contains approximately 2 g sucrose per dose. This should be taken into account in patients with diabetes mellitus.

3. HOW TO TAKE THIS MEDICINE

Always take this medicine exactly as described in this leaflet or as your pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

This syrup is for oral use only.

Do not use more than the stated dose shown.

Age	Dose
Adults and adolescents of 12 years and over	One 10ml dosing cup 4 times a day or Take 10ml (two 5 ml spoonfuls) four times a day
Children under 12 years	Do not give
Patients with liver or kidney problems	Speak to a doctor or pharmacist

Do NOT take more than 4 doses (40ml) in 24 hours.

Contact a doctor if your symptoms worsen or do not improve within one week

If you take too much of this medicine

If anyone has too much, contact a doctor or your nearest Accident and Emergency Department taking this leaflet and pack with you. Symptoms may include: Upset stomach, nausea and drowsiness.

If you forget to take this medicine

You should only take this medicine as required following the dosage instructions carefully. If you forget to take a dose, take the next dose when needed. Do not take a double dose to make up for the forgotten dose. Do not take more than 4 doses (40 ml) in 24 hours.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Hexpectral Honey and Lemon Flavour 20 mg/ml Syrup can cause side effects, although not everybody gets them.

If you experience any of the following STOP using the medicine and seek medical help immediately:

Allergic reactions including skin rashes (which may be severe and include blistering and peeling of the skin) and itching.

Other adverse reactions (or side effects) that may occur include:

- Nausea or vomiting.
- Upset stomach.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE THIS MEDICINE

Keep the product out of the reach and sight of children.

No special storage condition required.

Do not use if bottle seal is broken when purchased.

Do not use this product after the expiry date on the bottle and outer carton. The expiry date is the last day in the month indicated.

Use within 6 months of opening.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Hexpectral Honey and Lemon Flavour 20 mg/ml Syrup contains:

Active ingredient: Guaifenesin. This product contains 100 mg guaifenesin in each 5 ml. Other ingredients: Sodium citrate, citric acid, carbomer, glycerol, ethanol, glucose, sucrose, sucralose, sodium benzoate (E211), caramel (E150), flavours: honey, lemon, cooling, levomenthol, tingling, hot mix, enhancer and bitterness blocker and water. (For further information on some of the ingredients see Section 2).

What Hexpectral Honey and Lemon Flavour 20 mg/ml Syrup looks like and contents of the pack

Hexpectral Honey and Lemon Flavour 20 mg/ml Syrup is a yellow brown coloured syrup for oral use only.

It is available in a 150 ml brown glass bottle fitted with a plastic child resistant cap.
A dosing cup which measures a 10ml dose is included in this pack. Please retain the carton.

This medicinal product is authorised in the member states of the EEA under the following names:

MS	Name
Belgium	Bronchosedal Mucus Honing & Citroen 20 mg/ml siroop
Bulgaria	Хекспекторал Мед&Лимон 20 mg/ml сироп
Cyprus	Benylin Mucus Cough Honey & Lemon Flavour 20 mg/ml Syrup
Czech Republic	OlynMuco s příchutí medu a citronu 20 mg/ml
Estonia	Sudafed Broncho Honey & Lemon 20 mg/ml siirup
Greece	Hexacough Warm Honey and Lemon
Latvia	ActiTussin Honey & Lemon 20 mg/ml syrup
Lithuania	ActiTussin Honey & Lemon 20 mg/ml syrup
Luxembourg	Bronchosedal Mucus Miel & Citron 20 mg/ml sirop
Poland	Sudafed Muco na kaszel mokry o smaku cytryny i miodu
Portugal	Cêtusse Mucus Mel e Limão 20 mg/ml Xarope
Romania	Hexpectoral Honey & Lemon 20 mg/ml syrup
Slovakia	OlynMuco s príchutou medu a citrónu 20 mg/ml
Slovenia	Hexpectoral z okusom medu in limone 20 mg/ml sirup
Sweden	Benylin 20 mg/ml sirap
United Kingdom	Benylin Mucus Cough Honey & Lemon Flavour 20 mg/ml Syrup

This package leaflet was prepared June 2015.