

PACKAGE LEAFLET: INFORMATION FOR THE USER

GeloMyrtol forte

300 mg gastro-resistant capsule, soft

MYRTOL STANDARDIZED

• This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety • The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert • This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product • If you have any questions or are not sure about anything, ask your doctor or pharmacist • Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

• Keep this leaflet • You may need to read it again • If you have any further questions, ask your doctor or pharmacist • This medicine has been prescribed for you only • Do not pass it on to others • It may harm them, even if their signs of illness are the same as yours • If you get any side effects, talk to your doctor or pharmacist • This includes any possible side effects not listed in this leaflet •

What is in this leaflet?

1. What GELOMYRTOL FORTE is and what it is used for
2. Before you take GELOMYRTOL FORTE
3. How to take GELOMYRTOL FORTE
4. Possible side effects
5. How to store GELOMYRTOL FORTE
6. Further information

1. WHAT GELOMYRTOL FORTE IS AND WHAT IT IS USED FOR

GeloMyrtol forte contains Myrtol standardized. It liquefies viscous and impacted secretions, stimulates and facilitates their expectoration. It also has anti-inflammatory and anti-oxidant properties.

It is used in mild forms of acute and chronic bronchitis and sinusitis, and as adjunctive therapy for severe cases of acute and chronic bronchitis and sinusitis.

2. BEFORE YOU TAKE GELOMYRTOL FORTE

Do not take GELOMYRTOL FORTE

If you are allergic (hypersensitive) to any ingredient of this medicine.

Take special care with GELOMYRTOL FORTE if you

No particular warnings.

Taking other medicines

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines that you buy without a prescription.

Taking with food and drink

GeloMyrtol should be taken half an hour before mealtimes with a lot of liquid.

Pregnancy and breastfeeding

It is necessary to inform your pharmacist or doctor about pregnancy before taking any medicine.

On the basis of experimental findings and years of therapeutic experience in humans, the medicine GeloMyrtol forte may be used during pregnancy without any risk after consulting a doctor.

Since the medicine GeloMyrtol forte is soluble in fats, very possible presence of the medicine in breast milk should be taken into account.

Driving and using machines

GELOMYRTOL FORTE should not affect your ability to drive and use machines.

Other warnings

The medicine GeloMyrtol forte contains sorbitol. If your doctor says that you have a disease called intolerance to some sugars, before you start taking this medicine, consult your doctor. It may have a mild laxative effect. The caloric value of sorbitol is 2.6 kcal / g.

The medicine GeloMyrtol forte also contains glycerol which may cause headache, stomach upset and diarrhea. It may have a mild laxative effect.

3. HOW TO TAKE GELOMYRTOL FORTE

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

In acute inflammatory conditions take 1 capsule 3-4 times a day. In chronic conditions take 1 capsule twice a day. This dosage is also recommended for long-term treatment.

For facilitation of morning expectoration in cases of chronic bronchitis take 1 additional capsule of GeloMyrtol forte in the evening, before bedtime.

Children under 10 years should be given half of each of the abovementioned doses recommended for adults. Capsules of medicine GeloMyrtol forte should be taken half an hour before meals with a lot of cold liquid. For a restful sleep, the last dose should be taken at bedtime.

How long you will take the medicine GeloMyrtol forte depends on your symptoms. In chronic respiratory diseases it may be used for a prolonged period of time.

If you take more GELOMYRTOL FORTE than you should

Please inform your doctor about it.

If you take too much medicine GeloMyrtol forte, your doctor can apply one of the following emergency procedures: liquid paraffin, 3 ml / kg of body weight or gastric lavage 5% sodium bicarbonate solution, administration of oxygen.

If you forget to take GELOMYRTOL FORTE

Do not take a double dose to make up for the forgotten tablet.

Talk to your doctor or pharmacist if you have any additional questions.

4. POSSIBLE SIDE EFFECTS

Like all medicines, GELOMYRTOL FORTE can cause side effects, although not everybody gets them.

In rare cases it may cause digestive problems and moving of the existing kidney stones and gallstones. There have been reports of rare cases of hypersensitivity reactions (eg, skin rash, facial swelling, and difficulty breathing and circulatory disturbances).

If you get any side effects, talk to your doctor or pharmacist.

5. HOW TO STORE GELOMYRTOL FORTE

Keep out of the reach and sight of children.

Do not store above 25 °C.

Do not use GELOMYRTOL FORTE after the expiry date which is stated on the label.

6. FURTHER INFORMATION***What GELOMYRTOL FORTE contains***

One gastro-resistant capsule contains:

Active substance: 300 mg of myrtol standardized (standardized to at least 75 mg of limonene, 75 mg of cineole and 20 mg of alpha-pinene).

Other ingredients: rapeseed oil, refined; gelatin; 85% glycerol; sorbitol liquid, nekristališući; hypromellose acetate succinate; triethyl citrate; sodium lauryl sulfate; talc; dextrin; ammonium glycyrrhizate; hydrochloric acid.

What GELOMYRTOL FORTE looks like and contents of the pack

20 gastro-resistant capsule, soft, in blister, in a cardboard box (2 blisters of 10 capsules).

Regime of dispensing

The medicine is issued without doctor's prescription.

Manufacturer

G. Pohl-Boskamp GmbH & Co. KG, Kieler Str. 11, D-25551 Hohenlockstedt, Germany