# **CEREBRYL**

1200 mg Tablets

#### **PIRACETAM**

- This leaflet is a copy of the Summary of Product Characteristics and Patient Information Leaflet for a medicine, which outlines the conditions under which the medicine should be used and information on its known safety The product information may be updated several times within its shelf life, and there could be differences between the version of information shown here and other information in the public domain or in the package insert This leaflet may not contain all the information about the medicine or the information may not be the most up to date version for this product If you have any questions or are not sure about anything, ask your doctor or pharmacist Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet You may need to read it again If you have any further questions, ask your doctor or pharmacist This medicine has been prescribed for you only Do not pass it on to others It may harm them, even if their signs of illness are the same as yours If you get any side effects, talk to your doctor or pharmacist This includes any possible side effects not listed in this leaflet •

#### What is in this leaflet?

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#### 1. WHAT CEREBRYL TABLETS ARE FOR

Cerebryl Tablets belongs to a group of medicines known as GABA analogues.

Cerebryl Tablets contains the active ingredient Piracetam. It acts on the brain and nervous system and is thought to protect it against a shortness of oxygen.

Cerebryl Tablets are used in combination with other medicines to treat myoclonus. This is a condition in which the nervous system causes muscles, particularly in the arms and legs, to start to jerk or twitch uncontrollably.

## 2. BEFORE YOU TAKE CEREBRYL TABLETS

#### Do not take Cerebryl Tablets if:

- You are allergic to the active ingredient piracetam
- You are allergic to any of the other ingredients of Cerebryl
- You have ever had serious kidney problems
- You have ever experienced a brain haemorrhage
- You suffer from Huntington's Disease (also known as Huntington's Chorea)

If any of the above applies to you, do not take Cerebryl Tablets and talk to your doctor or pharmacist.

### Check with your doctor before taking Cerebryl Tablets if:

- You think your kidneys may not be working perfectly. (Your doctor may need to start you on a lower dose.)
- You have ever had any kind of bleeding problem.

Tell your doctor if you are taking any of the following medicines:

- Thyroid extract or thyroxine
- Anticoagulants such as warfarin or acenocoumarol
- Low dose aspirin
- Any other medicine, including medicines obtained without a prescription.

## Pregnancy and breast-feeding

If you are pregnant, trying to become pregnant or breastfeeding ask your doctor or pharmacist for advice before taking Cerebryl Tablets. If you are taking this medicine, use contraception to avoid becoming pregnant. If you are taking Cerebryl Tablets and you think you may be pregnant, consult your doctor immediately.

### **Driving and using machines**

Cerebryl Tablets may cause drowsiness and shakiness. If this happens to you, do not drive or use machinery.

#### Warning about some of the ingredients in Cerebryl Tablets

This medicine contains 46 mg sodium per dose. To be taken into consideration by patients on a controlled sodium diet.

#### 3. HOW TO TAKE CEREBRYL TABLETS

Always take Cerebryl Tablets exactly as your doctor has told you.

## Important:

Your doctor will choose the dose that is right for you. Your dose will be shown clearly on the label that your pharmacist puts on your medicine. If it does not, or you are not sure, ask your doctor or pharmacist.

### Adults

#### How much medicine to take and when to take it

- The normal starting dose is 7.2 g each day (six tablets).
- It is best to split the dose so that the tablets are taken on two or three separate occasions during the day (e.g. 2 tablets in the morning, 2 at midday and 2 in the evening).
- When you start taking this medicine your doctor may tell you to gradually increase the dose to ensure that you receive the best dose to treat your condition.
- Follow your doctor's instructions carefully.

## How to take your medicine

- Swallow the tablets whole with a glass of water.
- Do not break or chew the tablets as piracetam has a very bitter taste.
- If you find it difficult to swallow the tablets tell your doctor as soon as possible as they can prescribe piracetam in the form of a solution.

### Elderly and patients with kidney problems

If you are elderly or have kidney problems your doctor may reduce your dose.

#### If you take more Cerebryl Tablets than you should

If you accidentally take too much, immediately go to the nearest hospital casualty department or your doctor.

## If you forget to take Cerebryl Tablets

Do not take a double dose to make up for a missed dose. Simply take the next dose as planned.

### **Stopping Cerebryl Tablets**

Do not stop taking Cerebryl Tablets without first talking to your doctor. Abruptly stopping your medicine may cause twitching and jerking.

If you have any further questions about the use of this medicine, ask your doctor or pharmacist.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines Cerebryl Tablets can cause side effects, although not everybody gets them.

You may notice the following side effects:

- An allergic reaction and experience difficulty breathing, swelling, fever
- Spontaneous bleeding caused by defects in your blood clotting mechanism
- Worse fits
- Hallucinations
- Difficulty balancing and unsteadiness when standing
- Anxiety and agitation
- Confusion
- Restlessness
- Nervousness
- Sleepiness
- Depression
- Weakness
- Vertigo
- Weight increase
- Stomach pain
- Diarrhoea
- Feeling or being sick
- Headache
- Being unable to sleep
- Swelling of the skin, particularly around the face
- Skin rash and itching.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

By reporting side effects you can help provide more information on the safety of this medicine.

#### 5. HOW TO STORE CEREBRYL TABLETS

Keep out of the reach and sight of children.

Do not use Cerebryl Tablets after the expiry date on the carton. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Return any medicine you no longer need to your pharmacist.

This leaflet was last updated June 2015.